

Case E

Name: A .Staňáková

Course :VRT

Q1

PPPD

Preexist event : BPPV rigt ear

Persistent non vertig. Dizziness

Chronic , 3 y ago BPPV

See doctor to doctor – no findings

All therapies without success

GAD 7 18p anx.

Normal finding , MCTISB sway on mat

Visual stimuli ,motion

Fear - turn to right

Q2,

Education patient, relaxation techniques – Schultz, Jacobson .. , visual stimuli videos , habituation exercises, behavioral cognit. Therapy

Q3

DHI, GAD 7, MSQ, VVAS , PHQ